



# PULSE PULSE

FEBRUARY 2011

Spring Semester  
2011

We're Glad You're Here!

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## Let Your Voice Be Heard!

As a young college, Aultman College is constantly looking at how to improve and refine the organization. Over the next few months, particular attention is being directed to the Student Affairs division. Student Affairs includes the functions of admission, financial aid, registration, student life, and academic support (LRC).



*Lyn Sabino*

“Our goal is to develop a Student Affairs function that focuses on student satisfaction, success and retention,” said Lyn Sabino, director of the division. According to Ms. Sabino, student input is critical to identifying opportunities for change. “We are very interested in hearing from students about what we’re doing well and what services need improvement.” In order to get this feedback, the College will be utilizing several avenues to reach students. A link to an online survey will be emailed to all students in the next few weeks, asking for evaluation of student services processes and procedures. Ms. Sabino and other administrators will hold Open Forums with students this semester to get feedback on specific issues that have been raised in customer service reports and ACT Satisfaction Surveys. Ms. Sabino attended the Feb 9 Student Senate meeting to ask for senators’ help in reaching out and encouraging students to provide their feedback. “I appreciated

Student Senate’s willingness to help get everyone engaged,” she said. “They liked the idea of the survey and the opportunity to speak to college administrators.”

In addition to making Aultman College administrative processes more student-friendly, the Student Affairs division is also working on a plan to increase student engagement with the College. With low participation at “lunch and learns” and social activities, the College is looking for suggestions about Student Life activities that would be more beneficial to the busy lives of health sciences students.

“We are willing to offer family-oriented



*Courtney Halter*

events, service-oriented activities; really, whatever students would like,” said Courtney Halter, Student Life coordinator. “While we are gathering this feedback, our initial focus is to increase involvement in student organizations, and to encourage them to take the lead in coming up with ideas for events that will appeal to the student body.”

If you have ideas on how to improve your Aultman College, please participate in the online survey and make your voice heard at the Open Forums or through your student senators. The survey should only take about 15 minutes. “We really want to encourage students to partner with us to make meaningful improvements.” said Ms. Sabino.

# Donate to the Diaper Drive!

A nursing education has definitely paid off for Amie Spicocchi, a 2008 graduate of Aultman College. Not only is she a pediatric nurse at Aultman Hospital, she is also the mother of seven children- five of whom were born on the same day, August 3, 2010. The quintuplets, four girls and one boy, were born after a gestation period of 24 weeks and 3 days. They each weighed less than two pounds at birth and spent the first months of their lives in the NICU at Akron Children's Hospital. The first baby came home on Nov. 10 and the last baby left the hospital three weeks later.

Amie credits her nursing education in helping her manage the babies' care. "My nursing training helps me think critically, multi-task, and track the health of each baby, just as I used to when I was with my two to six patients each day in the hospital," she said.

Amie and her husband, Vince, a paramedic and firefighter, are receiving help from family and friends to care for the babies. The Aultman College community is helping out by holding a diaper drive for the family. If you can, please consider donating diapers size 1 and larger. The diapers can be turned in at the front College office. The College would like to donate 50 packages of diapers. Please help us reach our goal!!!



*Amie and Vince Spicocchi feel blessed to have seven children including Taylor, age 14; Grady, age 5; and the quints: Ilah, Paige, Enzo, Ellie, Gia.*



## From Your Student Senate President



*Matt Hizer  
President  
Student Senate*

First of all I would like to congratulate everyone on getting through the start of the Spring Semester. We've had some pretty rough weather but things are really rolling here at Student Senate. We had our first meeting already and are planning some different fundraisers for the rest of the semester. We have also elected some new members, 8 in all, to replace

the many members that graduated last semester. We met early in February and are working on some changes to the bylaws. If anyone has suggestions on activities or fundraisers they would like to see, just contact any senator. This semester flies by so I want to wish everyone good luck for the month of February.

### *Welcome to these new student senators:*

- |                       |                  |
|-----------------------|------------------|
| Chelsea Salem         | Jesse Cecil      |
| Christine Blankenship | Megan Deidrick   |
| Valerie Bontrager     | Debra Reymond    |
| James Kelley          | Kimberly Daniels |

# News You Can Use!

## You Ought To Be in Pictures!

You may see a photographer in your classroom or roaming the halls over the next few weeks. The College is updating the photo gallery that is utilized for marketing, public relations, and student communication. If you prefer not to be included in the photos, just let the photographer know.



## Nursing Christian Fellowship

Nursing Christian fellowship will be meeting the 2nd Thursdays of the month beginning Jan 13th from 11:30 to 12:30 and the 4th Tuesday of the month from 2:15 to 3:15, check monitors for room locations. We will begin planning activities (possible service learning opportunities) for the Spring semester along with filling officer positions. For more information, contact Nadine Bigham at [nadine.bigham@aultmancollege.edu](mailto:nadine.bigham@aultmancollege.edu) or check out the national website [www.ncf-jcn.org](http://www.ncf-jcn.org).

## Alumni Phone-A-Thon March 15 & 16, 2011



Students will be manning the phones for the Alumni Phone-A-Thon in mid March. Funds generated from these evenings are used to provide scholarships for deserving Aultman College students, and to support the construction on-campus science laboratories. Volunteers arrive at 5:30 for a meal and prep time. Phone calls take place from 6 – 8 pm in the computer lab. Volunteers are provided with a script and a detailed pledge history that makes it easy to converse with alumni. Alumni LOVE talking to current students! For more information or to sign up for any available volunteer spots, contact Dr. Shannon Helfinstine, alumni coordinator, at [shelfinstine@aultman.com](mailto:shelfinstine@aultman.com) or 330-363-1127.

## Saluting the Stars and Stripes!

Aultman College is proud to boast a new flagpole, located to the left of the main entrance into the Aultman Education Center. Special thanks go to Chris Remark, COO of Aultman Hospital, for funding the installation, and Jeannine Shambaugh, Chief Internal Affairs officer, for her persistence in seeing the flagpole project through to completion.



# Aultman College Launches Community Education Division

**A**ultman College is opening its doors to the community with the launch of the Aultman College Community Education (ACCE) division. ACCE offers health-care focused training and education courses at an affordable price. ACCE's spring catalog of courses includes a menu of CPR courses, childcare provider training courses, and introductory computer classes.

"The purpose of ACCE is to fill gaps in healthcare-related education in our community," said Vi Leggett, administrator of the division. "In addition to serving the general public, we are planning to provide education specifically geared toward people who work in the health care industry." Classes that are slated to be part of the future ACCE catalog include "Spanish in Health Care" and "Medical Terminology".

ACCE offers American Heart Association CPR courses, including Family and Friends CPR®, Heartsaver® CPR, and Basic Life Support (BLS) for Healthcare Providers certification and renewal courses.

"We believe we are adding a valuable service for the community, as well as Aultman employees, patients and families who wish to stay within the Aultman system for their health care education and training," said Brittany Fehlman, ACCE coordinator. "Our tag line is 'Learn Your Skills From a Name You Trust.'"

"We hope students will help us get the word out about ACCE courses to their family and friends," said Brittany. ACCE courses are taught in the comfortable, state-of-art classrooms of the Aultman Education Center. ACCE also has the ability to develop customized courses for schools, groups or organizations. For more information and to register for courses, visit [www.aultmancollege.edu/ACCE](http://www.aultmancollege.edu/ACCE) or contact Brittany at 330.363.6776.

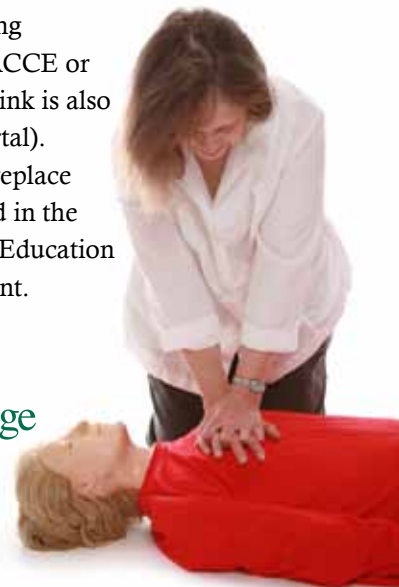
## ACCE Offers Basic Life Support (BLS) Renewal Classes

Aultman College students in the Nursing Program are required to maintain American Heart Association BLS for Healthcare Providers certification. This certification must be renewed every two years. ACCE is please to offer BLS renewal courses for Aultman College students a for low price of only \$15. Courses are being offered twice a month on the Aultman College campus.

### Upcoming BLS Renewal course dates:

2/17/11 .....	6 - 9 pm
3/9/11 .....	8 am - noon
3/19/11 .....	9 am-noon
3/23/11 .....	6 - 9 pm
4/6/11 .....	6 - 9 pm
4/16/11 .....	9 am-noon

You can register by visiting [www.aultmancollege.edu/ACCE](http://www.aultmancollege.edu/ACCE) or calling 330.363.6776. (The link is also available on the Student Portal). Please note: These courses replace the courses that were offered in the past by Aultman Hospital's Education and Development department.



# Golden Owl

## Student of the Month February

Matt  
Hizer



The Golden Owl Student of the Month recognition program recognizes student accomplishments in academics, clinical settings, patient care, service learning and effort. Students may be nominated by faculty, staff, hospital employees, patients or other students. The Golden Owl Student of the Month is acknowledged in The Pulse newsletter, on the Student Portal and by posters in the hallway kiosks. One of the perks of the award is a reserved, front-row parking space in the Aultman Education Center parking lot. Nomination forms are available on the Student Portal or outside the Student Life Office.



Student Senate President Matt Hizer is the February Golden Owl Student of the Month. Matt is in the last semester of his nursing degree education. Matt was selected as the Golden Owl recipient based on the skills he has developed through his leadership of Student Senate. While president, he has actively recruited new and returning students to participate in the organization, resulting in the largest elected senate group in the Fall 2010 semester. Matt has worked with the Student Affairs department to communicate concerns and issues that have been brought to him as the leading representative of the student body. For the Spring semester, Matt is working with his fellow senators to improve the Student Senate bylaws and plan upcoming fundraisers and events.

### Q & A

#### Learn More About Matt!

#### *What led to your decision to pursue your Associate's degree in Nursing?*

"When I was a student going for my bachelor's degree in Business Administration, I wanted to switch to nursing after my second year but thought it would have taken too long to finish my degree. Then after graduating, I really wasn't happy with the different types of jobs that I was doing. This led me to an opportunity to go back to school after I moved back to Ohio from Florida."

#### *Why did you select Aultman College for your education?*

"I knew several people that had selected Aultman and graduated from here, and they all had great things to say about the program. I also liked that it was attached to a hospital unlike some schools that have to go to so many different facilities. When I was searching for a school to go to, I was impressed with how there was always a person at Aultman that could answer my questions over the phone since I was applying from such a far distance."

#### *What characteristics do you feel are important to be a successful nursing student?*

"To be successful at nursing school you have to be able to take one day at a time. If you really think about how much we have to learn in the period of two years, it would make you a little nervous. I would also recommend not getting behind on any material because the pace is too fast to be able to catch up."

#### *Is there any information you would like to share about your hobbies or family?*

"I am married to my wife, Laci, for 3 ½ years but we have been together for just over 10 years. We have a dog and a cat, but no kids. I used to live in Daytona Beach and surfed and also lost my wedding ring in the process. I also trained for and ran a marathon during my third semester that qualified me for the Boston Marathon."

**Favorite Food:** Pizza, Mary Zifer's (in New Phila.)

**Favorite TV Show:** Seinfeld

**Favorite Book:** *Misery* by Stephen King

**Favorite Way to Spend Your Free Time:** Running, (other than being with my wife of course)

**Favorite Class (so far):** Nursing 210 Lab

**Best Advice For First Semester Students:** Don't panic!

# Diversity Digest



It is our goal at Aultman College to promote and encourage a culturally diverse and inclusive environment. We strive to be a facility where differences are recognized, accepted, appreciated and celebrated. Each month, the Diversity Digest section of the Pulse will share multicultural concepts and information, understanding that a diverse student body has far-ranging and significant benefits for all students, as well as the community at large.

February is Black History month. To celebrate, Aultman College recognizes the advancements being made in education for black Americans.

**84% of blacks 25 and older had at least a high school diploma in 2009.**

*Source: Educational Attainment in the United States: 2009*

**19% blacks 25 and older had a bachelor's degree or higher in 2009.**

*Source: Educational Attainment in the United States: 2009*

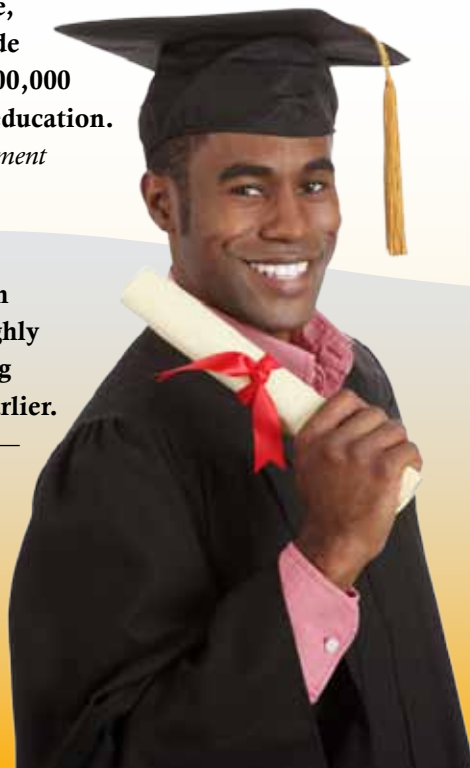
**1.5 million blacks 25 and older held an advanced degree in 2009 (e.g., master's, doctorate, medical or law). A decade earlier, in 1999, about 900,000 blacks had this level of education.**

*Source: Educational Attainment in the United States: 2009*

**2.5 million black college students were enrolled in Fall 2008. This was roughly double the corresponding number from 25 years earlier.**

*Source: School Enrollment — Social and Economic Characteristics of Students: October 2008*

*Figures are provided by the U.S. Census Bureau*



# Financial Aid News

Aultman College is working hard to develop and identify scholarship opportunities for students. Links to the scholarships listed below and others can be found on the College website and the Student Portal. Please pay close attention to scholarship criteria, application requirements and deadlines. Remember, you can't get a scholarship if you don't apply!

## Ruth Wolter Tuition Grant Deadline: March 1, 2011

The College Club of Canton is offering a tuition grant for the mature woman who needs one year or less to complete her college degree. This is being offered with the hope that it will encourage a woman, whose education was interrupted for some reason, to return to college, thus enabling her to work in an educational, cultural or service field. Application must include four letters of recommendation and a photo.

## Florence Allen Scholarships Deadline: March 1, 2011

Both traditional and non-traditional female students may apply for Florence Allen Scholarships. Application must include three letters of recommendation.

## Naomi Brack Student Scholarship (NOADN) Deadline: Sept 1, 2011

A \$1,000 scholarship in honor of Naomi Brack, co-founder of the National Organization for Associate Degree Nursing Foundation (NOADN). Applicants must be enrolling in or in their second year of their nursing education and have a 3.0 out of 4.0 GPA.

# Sister Act

**H**ow would you like to have a built in study partner, someone who is there to provide the right combination of competition, support and encouragement? For Virginia Jones and Rebecca Dewar, or Gin and Becky, as they refer to each other, support is a sibling affair. Both women are in their final semester at Aultman College.

Neither sister started out with intentions of becoming a nurse. Ginny, who is the older of the two, earned a bachelor's degree in Biology and was working at a veterinary clinic. Becky began her college career as a Musical Theater major with aspirations to wind up on Broadway. "It took me one semester to realize this was not the wisest choice," said Becky. After trying her stint at a couple different majors, including history, law and nutrition, a professor suggested nursing. "My dad laughed because at that point I fainted at the sight of my own blood and couldn't watch fake surgery scenes on TV. Luckily, that has changed.... for the most part."

Becky convinced Ginny to join her as a nursing student, although she hints that the suggestion was as much for her benefit as her sister's. "She is secretly the smarter and more organized sister," said Becky. "She keeps me on track."

But the push from Becky, who Ginny describes as the "more adventurous sister", was what Ginny needed to step out of her comfort zone. "I was stuck in a working rut," said Ginny. "If it weren't for Becky, I would probably still just be working."

The two women have been able to be in all but one or two nursing classes together. In addition to attending classes, they also live in the same home. Becky moved in with Ginny and her husband to be closer to Aultman College. Though some might worry about too much togetherness, Ginny said the living arrangements have actually brought them closer and helped them academically. "We tend to balance each other out well. She calms me down when I get frazzled during clinicals and I keep her up to date on our assignments due," said Ginny. "We are our own built-in mentors."

They have both enjoyed seeing each other grow over the span of their nursing education. "Becky has become alot more organized and focused," said Ginny. "I am very proud of her."



*Ginny Jones practices her nursing skills on her sister and fellow student, Becky Dewar.*

"Gin has always been academically successful, but she always joked that there was a reason that she worked with animals," said Becky. "Over the course of nursing school, Virginia has grown to be, dare I say it, a people person! She's become the perfect amount of super smart and empathetic."

While the togetherness has benefited both sisters, it appears they may be heading down different paths upon the completion of their nursing education. Becky would like to travel and is interested in working as a hospital-based nurse. Gin, on the other hand, says she would be happy with a "nice, calm job in a doctor's office."

But, one thing's for sure. The entire Dewar clan will be celebrating at graduation on May 13. "Our family has supported us enormously," said Becky. "They manage to deal with our day to day craziness beautifully."

Although they may be heading their separate ways, Becky and Gin are grateful for the closeness they have gained through their shared college experience. As Becky says, "I'm coming out with a degree, and a best friend."



As a service learning project, NRS 220 students Danielle Rollins and Pamela Heim entered a Public Service Announcement (PSA) contest for the National Eating Disorders Screening Program. The students worked the Aultman Hospital Media Services specialist Tom Davis to produce a 30 second PSA that ends with a call to action to participate in an anonymous screening at [www.collegeresponse.org](http://www.collegeresponse.org). The goal of the campaign is to increase eating disorder awareness on campus.

## Tips from the LRC



Online Writing Assistance at Purdue Owl  
<http://owl.english.purdue.edu/owl>



The Purdue OWL offers more than 200 free resources that can help you be a better researcher and writer. You can look to the OWL for:

- Prewriting strategies that can help you develop your ideas
- Research tips to help you find accurate information quickly
- Outlining strategies
- Grammar and usage information
- APA and MLA Style and Formatting Guides
- Copyright and plagiarism guidelines
- Strategies to handle writer's block
- Much more!

Take some time to peruse the website before your next writing assignment. You'll be glad you did!

Time		Monday	Tuesday	Wednesday	Thursday	Friday
9 - 10 AM		Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Lauren: All Gen Ed, All NRS except 250, 260
10 - 11 AM						
11 - 12 AM						
12 - 1 PM		Peer Tutoring with Nicole: MATH	Peer Tutoring with Nicole: MATH	Peer Tutoring with Nicole: MATH	Peer Tutoring with Lauren: All Gen Ed, All NRS except 250, 260	 <p>Peer Tutoring with Lauren: All Gen Ed, All NRS except 250, 260</p> <p>The subjects that Peer Tutors can help with vary, and not all PTs are qualified to help with every subject. PTs have earned a B+ or better in the subject(s) they tutor, which are listed above. If you need help that a PT can't provide, check this schedule to work with one of our faculty tutors, or make an appointment to consult with your instructor.</p>
1 - 2 PM						
2 - 3 PM		Peer Tutoring with Charlotte: NRS 110, 130, 140 CHEM 109/110, Bio 209/210 Micro 206, PSY, SOC, MATH	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Lauren: All Gen Ed, All NRS except 250, 260	
3 - 4 PM						
4 - 5 PM		Peer Tutoring with Charlotte: NRS 110, 130, 140 CHEM 109/110, Bio 209/210 Micro 206, PSY, SOC, MATH	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Elise: PSY 211, MATH, NRS 130, NRS 210	Peer Tutoring with Lauren: All Gen Ed, All NRS except 250, 260	
Lyn Sabino, Available for Writing Consultations by Appt. Call 330-363-4227				PLEASE SIGN IN at the LRC and ask for specific room location (330-363-3233)		

Copies of the Tutoring Schedule are available in the LRC.